

## LYCÉE SAINT JOSEPH DU LOQUIDY - NANTES

## Week from 13/05 au 19/05

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Pasta salad with surimi	Rillettes and pickles	Eggs in mayonnaise	Green salad with Edam and Gouda cheeses	Grated carrots **
	Greek salad	Mackerel with mustard sauce	Celeriac remoulade **	Pineapple, walnut, and apple salad	Vegetable loaf
	Salad Niçoise	Grapefruit	Curried grated courgettes	Toast with goat cheese and honey	Cucumbers in cream sauce
	Pork snout in vinaigrette	Trio of grated vegetables in vinaigrette	Piedmontese salad	Duo of sausages	Salami 5%
	Cheese pastry roll	Bean salad	Country-style pâté	Rice salad with tuna	Exotic durum wheat
	Salad Bar 🕌	Salad Bar 🔆	Salad Bar 🕌	Salad Bar 🕌	Salad Bar 🕌
HOT MAIN DISHES AND SIDES	Grilled ham	Pollock fillet with cream of leek	Stuffed tomatoes 5%	Vegetarian meatballs	Chicken brochette with lemon & thyme
	Veal sauté à la bohémienne	Chicken paella	Squid curry	Roast pork with honey-mustard sauce	Seafood stew
	Carrots in gravy	Rice / Spanish-style vegetables	Durum wheat/ Green salad	Semolina / Piperade	Mashed potatoes / Broccoli and mozzarella gratin
	Chef's sauté				
DAIRY PRODUCT	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
DESSERTS	Peach cake	Fresh fruit AB*	Fresh fruit **	Panna cotta with red berry coulis	Brownie
	Thick and creamy yoghurt	Fruit salad	Apricots in syrup	Fruit compote	Profiterole with pastry cream
	Tiramisu	Dessert cream	Pineapple pastry	Fresh fruit **	Ice cream
	Fresh fruit **	Floating island	Jelly AB	Red berry soup	Fresh fruit **
	Fromage blanc AB	Milk chocolate tart	Rice pudding	Breton pound cake	Flavoured yoghurt
The healthy choice!	Pasta salad with surimi	Rillettes and pickles	Eggs in mayonnaise	Green salad with Edam and Gouda cheeses	Grated carrots
		Pollock fillet with cream of leek	Stuffed tomatoes	Vegetarian meatballs	Chicken brochette with lemon & thyme
		Rice / Spanish-style vegetables	Durum wheat/ Green salad	Semolina / Piperade	Mashed potatoes / Broccoli and mozzarella gratin
	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
	Peach cake	Fresh fruit	Fresh fruit	Panna cotta with red berry coulis	Brownie
Seasonal product		Local products	* Pancakes and buckwho	eat galettes: Catal Roc, Treillères	



All or part of this dish is made with seasonal raw ingredients















- \* Chicken: Galliance, Ancenis
- \* Turkey: Ferme de la Brégeonnerie, Nort sur Erdre
- \* Pork and beef: Viandissime, Le Poiré sur Vie
- \* Bread: Tradéoz, Orvault
- \* Eggs: Gaec de l'eau vive, St-Hilaire de Clisson
- \* Potatoes: Mahot, Chaumes en Retz

- \* Fish: Cap Marée, Nantes
- \* Organic vegetables: Tom Pousse, La Chapelle sur Erdre
- \* Milk, fromage blanc, cheese (tomme): Ferme La Pannetière, La Chapelle sur Erdre
- \* Cold cuts: Gérard, Legé (44)
- \* Organic yoghurt: Ferme Péard, Blain

This menu may occasionally be changed due to supplier shortages or service requirements.